

**Your Training Assignment
And Personal Accountability**

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Male-dominated workplaces: recognizing strengths

The audio detox this week refers to nine leadership behaviors that women and men both use and which ones are deployed more often by which gender.

Here they are: control & corrective action, individualistic decision making, efficient communication, intellectual stimulation, participative decision making, inspiration, role model, expectations & rewards, and people development.

Increase your observation skills around this. Perhaps jot these nine down and make a mental tally of what you see. Or identify one or two that you'd like to specifically look for in yourself or in others.

Then, as always, take some time to clear your head and set the intention for the week. For this upcoming week, my intention is:

(Could be a work-life balance intent, clarity in purpose, or personal effectiveness)

Reminder: Each module includes an audio podcast and a training template like this. Get into the habit of what works for you for holding yourself accountable to mentally focus on it. Get comfortable with a pattern that works for you.