

**Your Training Assignment
And Personal Accountability**

Power & Influence: Ethical Use of Power

Questions to ask:

- Does it produce a good outcome for people, both within the organization and outside of it?
- Is it respectful of people's rights?
- Does it treat all ideas equitably and fairly?
- Are you using it in a mature and responsible way, with self-control?
- Are there any aspects of your use of influence or power that you feel could be misinterpreted?

THANKS to DR. Jackie HOOD for her List of Questions

Also, see whether you tend to use your power as “aggressive” and is there a way to keep it from appearing “bossy”? In short, think about your power as being a *pull* instead of a *push*. Do you know of someone that does this in a way that you would aspire to?

Then go back to those 5 BE's as a reminder:

BE CONNECTED

BE KNOWLEDGABLE

BE VISIBLE

BE UNIQUE

BE LIKEABLE

Lastly, as always, take some time to clear your head and set the intention for the week. For this upcoming week, my intention is:

(Could be a work-life balance intent, clarity in purpose, or personal effectiveness)

Reminder: Each module includes an audio podcast and a training template like this. Get into the habit of what works for holding yourself accountable to mentally focus on it. Be aware and comfortable with a pattern that works for you.